

WOW

Simply Japanese



Poppy Crusted Tuna

HOME DELIVERY

FREE LOCAL DELIVERY ON ORDERS ABOVE £15
Tuesday, Wednesday, Thursday & Sunday: 5pm - 9:30pm
Friday & Saturday: 12noon - 2pm (collection only)
& 5pm - 9:30pm

18 Crouch End Hill
London N8 8AA

Call us on **020 8340 4539**

or order online

wowsimplyjapanese.co.uk

@ Uber Eats @ Deliveroo @ Just Eat

At Wow, we are committed to support environmentally sound policies.
We source our ingredients from suppliers who carefully work to UK, European
and international regulatory guidelines.

**We are grateful for your custom.
Thank you for your continued support.**



Wow-Simply-Japanese



@wowsimplyjapan



wowsimplyjapanese



SCAN ME



Orders above £15 delivered free of charge to:
N4, N6, N8, N10, N19, N22.

£8 charge for deliveries outside these areas.

We will advise the estimated delivery time when you place your order. It may take longer during busy times or due to road conditions. Drivers carry no cash or change.

Prices and menu are subject to change without notice.

Consuming raw or undercooked food may increase the risk of foodborne illness. Sushi or sashimi are not recommended for expectant mothers.

Any allergies, please let us know.

All our dishes are to be consumed on the same day.

*Presentation for dining-in customers only.

Chicken used is halal.



VEGETARIAN



WHEAT



DAIRY



GLUTEN

SALADS AND COLD STARTERS

1. **Homemade Oshinko**  £3.70
Assorted pickles
2. **Hiyashi Wakame**  £4.50
Sesame seaweed salad
3. **Horenso Ohitashi**  £4.50
Spinach with tahini sauce
4. **House Green Salad**  £4.90
With ginger dressing
5. **Kaiso Moriawase**  £5.70
Assorted seaweed with chilli lime miso dressing
6. **Tuna Tataki Salad**  £10.90
Seared tuna, mixed greens with house dressing

- 7. **Salmon Tartar** 🌿 £5.90
Salmon, ikura, avocado with Sumiso dressing
- 8. **Beef Tataki** 🌿 £6.60
Seared beef carpaccio, chillies, spring onion, garlic with ponzu sauce
- 9. **Octopus Salad** 🌿 £6.20
Octopus, asparagus, cucumber, seaweed and sumiso sauce
- 10. **Uzaku** 🌿 £5.80
Eel, cucumber, wakame, hint of ginger, Amasu vinegar
- 11. **Tuna Tartar** 🌿 £5.90
Ikura, spring onions, wasabi vinaigrette

HOT STARTERS

- 12. **Miso Soup** 🌿 2.50
Tofu, wakame and spring onion
- 13. **Sumashi Jiru** 🌿 🍵 £4.80
Japanese clear soup with chicken gyoza
- 14. **Tofu steak** 🍃 🌿 🍷 £4.60
Fried tofu, teriyaki sauce
- 15. **Agedashi tofu** 🍃 🌿 🍷 £4.60
Fried tofu, grated mooli, ginger, tensuyu
- 16. **Tenderstem Broccoli** 🍃 £6.30
Fried shallots, miso teriyaki sauce
- 17. **Nasu Dengkaku** 🍃 🌿 £5.50
Aubergine with sweet miso
- 18. **Vegetables Gyoza** 🍃 🌿 £4.90
Pan fried vegetable dumplings
- 19. **Edamame** 🍃 £4.20
Boiled soya bean pods with sea salt
- 20. **Wok Fried Chilli Garlic Edamame, Spicy!!** 🍃 🍷 £4.50
- 21. **Asparagus Spicy Dengkaku** 🍃 🌿 £4.90
Asparagus with spicy sweet miso
- 22. **Chicken Gyoza** 🌿 £5.20
Pan fried chicken dumplings
- 23. **Yakitori** 🌿 £5.70
Skewers of chicken grilled with balsamic teriyaki
- 24. **Ika Kara Age** £6.50
Crispy squid served with homemade chilli jam
- 25. **Tori Kara** 🌿 £6.80
Fried marinated chicken

TEMPURA

Deep fried in light batter accompanied with dipping sauce

- 26. **Prawns** 🌿 £8.50
4 pieces of succulent prawns
- 27. **Shojin (vegetables)** 🍃 🌿 £6.50
A mixture of organic seasonal vegetables
- 28. **Sweet Potato** 🍃 🌿 £6.50
- 29. **Seabass and Asparagus** 🌿 £8.90

Sushi and sashimi should be refrigerated and eaten within 2 hours of purchase.

SASHIMI

Slices of fresh seafood on julienne mooli, soy sauce, wasabi **(5 pieces, no. 28-32)**

- 30. Tuna £8.80
- 31. Salmon £7.80
- 32. Seabass £8.20
- 33. Yellowtail £12.70
- 34. Shime Saba £6.50
Salt cured mackerel
- 35. Omakase £31.90
Chef's special selection, catch of the day,
20 pieces

SPECIAL SASHIMI

- 36. Poppy Crusted Tuna 🌿 £13.50
Crusted with poppy seeds, served with seaweed, sliced cucumbers and sumiso dressing
- 37. Spicy Salmon Tataki £12.80
Seared salmon, seasonal cress with ponzu

NIGIRI SUSHI (per piece)

- 38. Asparagus 🌿 £1.10
- 39. Avocado 🌿 £1.10
- 40. Asparagus Tempura 🌿🌿🍷 £1.30
- 41. Inari (Tofu pouch) 🌿🌿 £1.50
- 42. Unagi (Grilled eel) £2.70
- 43. Ikura (Salmon roe) £2.50
- 44. Shake (Salmon) £1.90
- 45. Hokkigai (Surf clams) £1.60
- 46. Fatty Salmon £2.00
- 47. Ebi (Prawn) £1.90
- 48. Tako (Octopus) £1.90
- 49. Hotate (Scallop) £2.50
- 50. Suzuki (Seabass) £2.40
- 51. Maguro (Tuna) £2.50
- 52. Hamachi (Yellowtail) £3.30
- 53. Tamago (Omelette) £1.50
- 54. Shime Saba (Cured Mackerel) £1.70

CLASSIC HOSOMAKI (Sushi roll)

- 55. Cucumber Roll 🌿 £3.00
- 56. Oshinko Roll (Yellow pickle) 🌿 £3.50
- 57. Plum, Shiso, Avocado Roll 🌿 £3.50
- 58. Tuna Roll £4.20
- 59. Salmon Roll £3.50
- 60. Spicy Tuna Salmon Roll 🌿 £4.50
3 pieces tuna, 3 pieces salmon
- 61. Teriyaki Roll (5 pieces) 🌿 £5.20
Grilled salmon, avocado, cucumber
- 62. Tempura Roll (5 pieces) 🌿🍷 £6.50
Prawn tempura, avocado, spicy miso
- 63. Zen Maki (5 pieces) 🌿🌿 £5.80
Asparagus, cucumber, sweet potato, avocado, yellow pickle

URAMAKI (inside out roll)

- 64. Salmon Skin Roll** 🌿 🍷 £5.10
Salmon skin, avocado, tobiko, spring onion
- 65. California Roll** 🌿 🍷 £5.20
King prawn, avocado, cucumber, tobiko, mayo
- 66. Spicy Scallop Roll** 🌿 🍷 £7.30
Scallop, avocado and shichimi sauce
- 67. Salmon Avocado Roll** 🍃 🍷 £4.50
Salmon, avocado, mayo
- 68. Asparagus Tempura Roll** 🍃 🌿 £4.00
Asparagus tempura, teriyaki sauce

CHEF'S SIGNATURE ROLLS

- 69. Godzilla Roll (8 pieces)** 🌿 🍷 £14.50
Prawn katsu, sweet potato tempura, Japanese mint, seared beef, spicy mayo
- 70. Crazy Roll (8 pieces)** 🌿 🍷 £14.50
Spicy salmon, inside out, tuna, white fish, avocado, tempura crunch, tobiko, spicy sauce
- 71. Wow Roll (5 pieces)** 🌿 £8.00
Spicy tuna, cucumber, avocado, deep fried in batter
- 72. Dragon Roll (6 pieces)** 🌿 £12.80
Eel, cucumber, inside out avocado
- 73. Caterpillar Roll (8 pieces)** 🍃 🌿 £11.50
Sweet potato, asparagus, pickles topped with avocado, teriyaki glaze

DONBURI (Dishes on rice served with miso soup)

- 74. Tendon** 🌿 🍷 £10.90
Prawn, vegetables, fish tempura
- 75. Beef Julienne Don** 🌿 £9.90
Beef slices, onion, teriyaki glaze
- 76. Unagi Don** 🌿 £13.50
Grilled eel on rice
- 77. Oyako Chirashi** £13.90
Salmon sashimi, ikura on sushi rice

BENTO BOX (miso soup, salad, rice)

- 78. Vegetable Bento** 🍃 🌿 £9.50
5 pieces of vegetable tempura
- 79. Chicken Teriyaki Bento** 🍷 £10.90
Pan-fried chicken
- 80. Surf & Turf Bento** 🌿 🍷 £14.90
Beef julienne teriyaki and mixed tempura
- 81. Sashimi Bento** 🌿 🍷 £12.20
7 slices of mixed sashimi
- 82. Beef Teriyaki Bento** 🍷 £11.50
- 83. Salmon Teriyaki Bento** 🌿 🍷 £11.70
Pan fried salmon fillet
- 84. Tempura Bento** 🍃 🌿 🍷 £11.90
2 prawns, 3 vegetables and 1 fish
- 85. Chicken Katsu Bento** 🍃 🌿 🍷 £10.90
Deep fried chicken in breadcrumbs

SOUP NOODLES

Dashi, Soy and mirin based soup
Choice of noodles: Udon (white wheat noodles) or Soba (brown buckwheat noodles)

86. Tempura Udon/Soba 🌾 🍷 🍷 £10.90
Prawn tempura, vegetable tempura
87. Nikku Tamma Udon/Soba 🌾 🍷 🍷 £10.50
Beef, poached egg, spring onion, wakame
88. Kitsune Udon/Soba 🌾 🍷 🍷 £8.90
Inari tofu, seaweed and spring onions

FRIED NOODLES

Choice of noodles: Udon (white wheat noodles) or Yaki Soba (yellow egg noodles)

89. Vegetable 🌾 🍷 🍷 🍷 £8.90
90. Chicken 🌾 🍷 🍷 🍷 £9.90

CURRIES

91. Katsu Curry 🌾 🍷 🍷 £10.50
Chicken katsu with curry, rice, miso soup
92. Yasai Curry 🍃 🌾 🍷 £8.20
Vegetable curry, rice, miso soup

OTHER MAIN DISHES

93. Salmon Teriyaki 🌾 🍷 🍷 £13.80
Served with mixed vegetables
94. Grilled Black Cod 🌾 🍷 🍷 £17.70
Served with lime and miso
95. Spicy Black Cod 🌾 🍷 🍷 £17.70
96. Sirloin Steak 🌾 🍷 🍷 £14.90
Served with mixed vegetables
Choice of sauces: teriyaki or balsamic teriyaki glaze or miso
97. Chicken Teriyaki 🌾 🍷 🍷 £10.50
Served with mixed vegetables
98. Chicken in Breadcrumbs 🌾 🍷 🍷 🍷 £10.50
Served with mixed seasonal salad

EXTRAS

99. Steamed Rice £2.90
100. Garlic Egg Fried Rice 🍷 £3.50
Garnished with spring onions
101. Spicy Egg Fried Rice 🍷 £8.00
Diced prawns, spicy sauce, egg and spring onions

We take extra care to debone our fish as thoroughly as possible. However, there may be some tiny bones left so please be careful when eating sashimi and other seafood dishes.

Daily seasonal specials (phone order only)
Please ask our staff.

020 8340 4539